

# THE STINGRAY POINT

A John M. Sexton Elementary School Publication



March 2020

## Upcoming EVENTS

- March 3rd**  
Spring & Class Pictures
- March 5th**  
Field Trip: Beck & Watters to Tampa Bay Watch
- March 6th**  
Field Trip: Caterson & Grimshaw to Tampa Bay Watch
- March 10-12th**  
Water Field Days (See Page 2)
- March 16-20th**  
Spring Holidays  
No school for Students
- March 23rd**  
**Teacher Planning Day**  
No school for Students
- March 26th**  
Gifted-4th Gr. Math Meet
- March 27th**  
Gifted-5th Gr. Math Meet
- March 27th 7:40**  
All Pro Dads & iMoms
- April 6th**  
Honor Assemblies
- April 8th**  
Field Trip: KDG & Bush to Ft. DeSoto Park
- April 10th Good Friday**  
No school for students



## A Message from Mr. Pleshe

Hello Parents,

We are springing into Spring with lots of learning to keep our students focused and on track to meet their goals. Our MAP cycle 3 assessment will begin the last week of March through the middle of April. Our 3<sup>rd</sup> grade students will be taking the reading FSA assessment on April 1st and 2nd. Our 4<sup>th</sup> and 5<sup>th</sup> graders will be taking the writing FSA assessment on April 1st and 2nd as well. It is their time to SHINE!

Spring break begins Friday March 13<sup>th</sup> for students. Monday, March 23<sup>rd</sup> is a training day for teachers. School will resume Tuesday, March 24<sup>th</sup>.



**Attendance Matters**

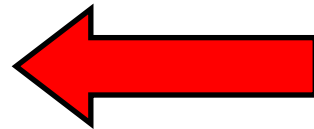
Every student. Every day.

**ATTENDANCE:** Please have your child here daily and on time. When they are late or absent they miss valuable explicit teacher instruction.

**IMPORTANT NOTICE: FSA Testing** for 3<sup>rd</sup>-5<sup>th</sup> grades will be happening in the spring during the months of April & May.

Please mark these dates down now and avoid scheduling doctor's appointments and vacations during this time.

- 3<sup>rd</sup> grade: April 1-3, May 4-8
- 4<sup>th</sup> grade: April 1-3, May 4-15
- 5<sup>th</sup> grade: April 1-3, May 4-22



There will be a limited number of make-up days during these windows. It is very important for your child to be here during testing windows.

## PLASTIC BOTTLES NEEDED

We are collecting plastic bottles with their caps still on for an art project. We are collecting plastic bottles of various sizes. We need 2 liter, 1 liter and all other sizes available. Please drop your bottles off in the bin outside the front office.



*We kindly ask that you rinse the bottle out before donating them.*



# It's Yearbook Time!

This year we are doing our yearbook orders online. If you would like to order, please order via [Sexton's Inter-State Yearbook](#) page.

## MEDIA CENTER NEWS FROM ANN LEWIS

Reading books aloud to children stimulates their imagination and expands their understanding of the world. It helps them develop language and listening skills and prepares them to understand the written word... even after children learn to read by themselves, it is still important for you to read aloud together.

*An excerpt from Reading with Your Child  
By: Bernice Cullinan, Brod Bagert*



***Our Sexton library is growing with great books.  
Stop by anytime to check one out!***

## Mark Your Calendars For Water Field Day!!



Back by popular demand is Water Field Day in P.E. ! Students in K-5th grades will be participating in water fun activities during the week of March 9th. More detailed information will be coming out next week.

In order to make it the most fun ever for our students WE NEED YOUR HELP!! We are looking for family volunteers to assist with the field day activities. You must be a LEVEL II volunteer. The dates of water day and the grade levels are below. If you can volunteer, please contact Ms. Velez in the PE department at (727)570-3400 or email at [velezj@pcsb.org](mailto:velezj@pcsb.org).

Tuesday 3/10	Wednesday 3/11	Thursday 3/12
9am-11am 5th Gr & Langworthy 12:15-2:15 4th grade	9am-11am 3rd Gr 12:15-2:15 Kdg & Ms. Bush	9am-11am 2nd Gr 12:15-2:15 1st Gr

The first week of March is National School breakfast week. Everyone gets free breakfast all the time at Sexton.

Breakfast served 8:15-8:40am



## MTSS: Multi-Tiered System of Supports



### Proactive family engagement concerning the MTSS process includes:

- Talking with your child's teacher
- Asking for regular progress reports in the areas of difficulty
- Celebrating when progress is made; asking questions when there is little or no progress
- Making a list of specific questions to ask about your child's progress
- Asking for support to understand and participate in decisions about your child

*Parent Engagement Educator Audiences-MTSS*

### LOST & FOUND CLOTHING!



We have many items hanging on our lost and found rack. Please have your child take a look to see if these jackets, sweaters or lunchboxes are theirs. The rack is outside the front office; please take a look when waiting to pick up your student.

Speaking of clothing... the clinic is in **NEED** of donations of **NEW** small (size 4 through size 8) boys and girls underwear.



## MATH CORNER WITH DR. BRODNEY

With the Math FSA coming soon in early May, it's important that the children are prepared to answer the questions properly. There are 6 different types of problems that the student may see. Sexton has a resource that the children will use to practice all six item types so they will be ready.

### Paper-Based Item Types – Mathematics

1. **Multiple Choice** – The student is directed to select the one correct response from among four options.
2. **Multiselect** – The student is directed to select all of the correct answers from among a number of options. These items are different from Multiple Choice items, which prompt the student to select only one correct answer.
3. **Editing Task Choice** – The student fills in a bubble to indicate the correct number, word, or phrase that should replace a blank.
4. **Selectable Hot Text** – Excerpted sentences from the text are presented in this item type. The student fills in bubbles to indicate which sentences are correct.
5. **Equation Editor/Gridded-Response** – The student fills in bubbles indicating numbers and mathematical symbols to create a response. Students respond in response grids in which they write their answer in the boxes at the top of the grid, then fill in the corresponding bubble underneath each box.
6. **Matching Item** – This item type presents options in columns and rows. The student is directed to fill in a bubble that matches a correct option from a column with a correct option from a row. Typically, there is only one correct option per row or column, though the number of correct answers may vary.

You can see an example of the test at this website:  
[Practice Assessments](#)

Sandra Brodney, Ph.D., NBCT Math Coach,  
Sexton Elementary 574th St. Elementary



[www.pcsb.org/safetyconcern](http://www.pcsb.org/safetyconcern)

## CLINIC NEWS FROM NURSE PAULA

*Greetings Sexton Stingrays!*

We are seeing one of the worst flu seasons in years, locally and globally. How do you keep from getting sick? There are many ways we can help protect ourselves:

**Eat right:** fruits and vegetables are high in Vitamin C: oranges, cantaloupe, sweet potatoes to name a few.

**Eat yogurt:** Greek yogurt has plenty of probiotics to boost your immune system.

**Add blueberries:** Blueberries has plenty of antioxidants which boost your immune system as well. Frozen blueberries work just as well and are less expensive.

**Get enough sleep:** 8-9 hours a night.

**Exercise:** Take a walk three times a week.

**Do not touch your T ZONE!!!** T Zone awareness is a 10 on a scale of 1-10 for TRUE respiratory infection prevention. ANY surface you touch is a potential source and there is not always soap, water, or hand sanitizer available.

**Your hands are clean only until you touch the next surface.**

**BUT if you... NEVER touch your T Zone EYES\*\*\*\* NOSE\*\*\*\*\* MOUTH\*\*\*\*\* ...it doesn't matter how many surfaces you touch.**

### The 4 Principles of Hand Awareness:

1. WASH your hands when they are dirty and BEFORE eating.
2. DO NOT cough into your hands.
3. DO NOT sneeze into your hands.
4. Above all, DO NOT put your fingers into your eyes, nose, or mouth...EVER!

Be healthy





# MARCH PCS Elementary School Lunch Menu

NSBW  
March 2-6



**SCHOOL BREAKFAST OUT OF THIS WORLD!**

**DAILY BREAKFAST CHOICES**

Hot or cold breakfast choices are available daily, i.e.:

Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast.

Must choose at least 1: Fruit or Juice.

May choose 1: Milk Skim, Low Fat White, or Fat Free Chocolate.

**DAILY LUNCH CHOICES:**

Choose 1: Entrée.

Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)

May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

**Available for lunch daily:**

Meat or Meatless Entrée, Entrée Salads, Cold

Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Pinellas County Schools  
**FOOD AND NUTRITION**



Visit [nutrislice.com](http://nutrislice.com) for Menu & Nutrition Information, & to download the app on your mobile device!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Pancake Pup</p> <p><b>Choose One:</b> ABCD Chicken Nuggets w/ Roll Max Cheese Sticks Fruit &amp; Yogurt Plate Deli Meat &amp; Cheese Sandwich</p> <p><b>Choose:</b> Country Baked Beans Marinara Cup * Veggie Dippers</p>	<p>3 Bacon, Egg &amp; Cheese Pizza</p> <p><i>National</i></p> <p><b>Choose One:</b> Breakfast for Lunch Pizzaboli Chicken Caesar Salad Jamwich Kit</p> <p><b>Choose:</b> Deli Roasted Potatoes Marinara Cup * Romaine Side Salad</p>	<p>4 Biscuit &amp; Sausage Gravy</p> <p><i>School Breakfast</i></p> <p><b>Choose One:</b> Pasta &amp; Meat Sauce or Meatballs, OR Beef Ravioli &amp; Roll Chicken Nuggets w/ Dip Cup Yogurt &amp; Fruit Parfait Ham &amp; Cheese Croissant</p> <p><b>Choose:</b> Crispy Fries Sliced Cucumbers</p>	<p>5 Egg, Ham &amp; Cheese Sandwich</p> <p><i>Week</i></p> <p><b>Choose One:</b> <b>Featured Item:</b> <i>Bacon Cheeseburger</i> Grilled Cheese Apple A Day Salad Chicken Caesar Wrap</p> <p><b>Choose:</b> Tomato Soup Mixed Side Salad</p>	<p>6 French Toast &amp; Chicken Bites</p> <p><b>Choose One:</b> Pizza Variety Ocean Treasure Fish Nuggets w/ Roll Chef Salad Turkey &amp; Cheese Hoagie/Sandwich</p> <p><b>Choose:</b> Spinach or Collard Greens Fresh Veggie Dippers</p>
<p>9 Egg &amp; Cheese Croissant</p> <p><b>Choose One:</b> Chicken Sandwich Loaded Beef &amp; Cheese Nachos Fruit &amp; Yogurt Plate Deli Meat &amp; Cheese Sandwich</p> <p><b>Choose:</b> Country Baked Beans Fresh Veggie Dippers</p>	<p>10 Scones (3 flavors!)</p> <p><b>Choose One:</b> Cheese Sticks &amp; Toasted Ravioli Boat Corn Dog OR Hot Dog Chicken Caesar Salad Jamwich Kit</p> <p><b>Choose:</b> Steamed Broccoli Florets Marinara Cup Romaine Side Salad</p>	<p>11 Mini Eggo Confetti Pancakes</p> <p><b>Choose One:</b> Popcorn Chicken w/ Mashed Potatoes &amp; Gravy Rotini w/ Meatsauce Yogurt &amp; Fruit Parfait Ham &amp; Cheese Croissant</p> <p><b>Choose:</b> Corn Niblets Sliced Cucumbers</p>	<p>12 Sausage Biscuit or Sausage &amp; Grits</p> <p><b>Choose One:</b> <b>Featured Item:</b> <i>Chicken &amp; Waffle</i> Cheese Quesadillas Apple-a-Day Salad Chicken Caesar Wrap</p> <p><b>Choose:</b> Battered Sweet Potato Fries Salsa Cup * Mixed Side Salad</p>	<p>13 Breakfast Skillet w/ Toast</p> <p><b>Choose One:</b> Pizza Variety Fish Sticks o' the Sea w/ a Roll OR Soft Shell Fish Tacos Chef Salad Turkey &amp; Cheese Hoagie/Sandwich</p> <p><b>Choose:</b> Green Beans Fresh Veggie Dippers</p>
<p>16  <b>SPRING BREAK</b> </p>				
<p>23</p> <p style="text-align: center;"><b>No School For Students</b></p>	<p>24 Scrambled Egg, Bacon &amp; Biscuit</p> <p><b>Choose One:</b> Beef or Pork Tacos Cheesy Bread Chicken Caesar Salad Jamwich Kit</p> <p><b>Choose:</b> Marinara Cup Refried Fiesta Beans Romaine Side Salad</p>	<p>25 Mini Maple Pancakes</p> <p><b>Choose One:</b> Mandarin Orange Chicken Bowl Macaroni &amp; Cheese Yogurt &amp; Fruit Parfait Ham &amp; Cheese Croissant</p> <p><b>Choose:</b> Steamed Broccoli Florets Sliced Cucumbers</p>	<p>26 Chicken Waffle Sandwich</p> <p><b>Student Choice Menu</b> Students choose the hot entrees &amp; vegetable options!</p> <p>Entrée Salad: Apple-a-Day Salad Sandwich: Chicken Caesar Wrap Side Salad: Mixed</p>	<p>27 Cheese Omelet w/ Toast</p> <p><b>Choose One:</b> Pizza Variety Teriyaki Beef Dippers w/ Rice &amp; Roll Chef Salad Turkey &amp; Cheese Hoagie/Sandwich</p> <p><b>Choose:</b> Mixed Vegetables Fresh Veggie Dippers</p>
<p>30 Pancake Pup</p> <p><b>Choose One:</b> Chicken Tender Basket w/ Crispy Fries &amp; Roll Max Cheese Sticks Fruit &amp; Yogurt Plate Deli Meat &amp; Cheese Sandwich</p> <p><b>Choose:</b> Country Baked Beans Marinara Cup * Veggie Dippers</p>	<p>31 Bacon, Egg &amp; Cheese Pizza</p> <p><b>Choose One:</b> Breakfast for Lunch Pizzaboli Chicken Caesar Salad Jamwich Kit</p> <p><b>Choose:</b> Deli Roasted Potatoes Marinara Cup * Romaine Side Salad</p>	<p> Florida HARVEST MONTH</p>	<p><b>While white is the most common color for Fresh from Florida Cauliflower, you'll also find this vitamin rich powerhouse in shades of purple, orange, &amp; green!</b></p>	<p><b>Dr. Seuss' Birthday &amp; Read Across America! March 2nd</b></p> <p>Participating schools will be serving Green Eggs &amp; Ham </p>

In accordance with Federal Law and US Department of Agriculture policy, Pinellas County School Food Service is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Av. SW, Washington D.C. 20250-9410; or email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider/employer.